Instructions for use of Cinderella corrective sleeves

2 in 1 foot corrective sleeve. Reliefs and realigns a mild to moderate level Hallux Valgus (Bunion) and Digitus Quintus Varus (Bunionette, Tailor’s bunion)

Product description

The Cinderella corrective sleeve realigns the big toe and the little toe to their more natural positions. Please note, that a mild to moderate level of both bunions can be treated with this product. In case of high level Hallux Valgus and/or Digitus Quintus Varus, the corrective sleeve may relieve your bunions, a realignment however may not be possible.

Cinderella spreads both, the big and the little toe and is opening all other toes accordingly. Cinderella heightens the longitudinal arches and tightens the ligaments around the metatarsal joints. In addition Cinderella prevents to several impacts to the foot as they are hammer toes, claw toes and clavus.

Application period

Give your feet time to get accustomed to the product. In case of pain to your toes or the whole foot, please do not exceed a daily wearing time of max. 2 hours. As soon as your feet have gotten accustomed with the corrective sleeve, you can wear it up to 12 – 24 hours. In the event of long wearing periods, please take care to your foot hygiene factors.

Attention

- Please use this product for the described purposes and application only. A disregarding may result in serious injuries.
- Please do not use this product if you suffer on high blood pressure, varicosity, thrombosis and similar clinical pictures, respectively turn to your doctor or podiatrist before using Cinderella.
- Necessarily keep this product out of the reach of children.
- The fabric consists of synthetic material. In case that skin rash or any dermatological reactions arises, please stop the appliance of Cinderella immediately and turn to your doctor if so.

Care instructions

- Hand wash with 30° Celsius (86° F) only
- Please do not bleach, tumble and iron
- Please dry without direct sun radiation

Storing

- Please store dry and avoid direct sun radiation and high temperatures
- Please take care to sufficient ventilation

Removal

- This product consists of synthetic textiles. Please dispose considering your local waste regulation.

Material

- Nylon
- Polyurethane

<table>
<thead>
<tr>
<th>European Shoe Size</th>
<th>UK Shoe Size</th>
<th>US Shoe Size</th>
<th>Sleeve Size</th>
<th>Foot Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>35.5 - 37.5</td>
<td>2.5 - 4</td>
<td>5 - 6.5</td>
<td>S</td>
<td>21 – 23 cm</td>
</tr>
<tr>
<td>38 - 40.5</td>
<td>4.5 - 6.5</td>
<td>7 - 9</td>
<td>M</td>
<td>23 – 25 cm</td>
</tr>
<tr>
<td>41 - 44</td>
<td>7 - 9</td>
<td>9.5 - 11.5</td>
<td>L</td>
<td>25 – 27 cm</td>
</tr>
</tbody>
</table>

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How to put Cinderella on (Left foot for example)

1. Please put on the big toe and little toe hood first and then pull up the sleeve to the instep

2. Pull up the heel belt

In the event that wrinkles are arising, please make sure you even them before you slip into your shoes